Thayne Senior Center

Enter as Strangers, Leave as Friends

December 2025

-White Elephant Gift Exchange-

How it will work: If you would like to participate, we will set a box out for you to put your name into. Then you will get someone a funny, creative, or thoughtful gift.

December 18th @12:30 is when the gift exchange will be happening. We will have a fun game set up to do with the white elephant gifts. We'd love to see you all participate with us!!

Thursday, Dec 11
@12:30

After lunch Lincoln County Sheriffs office is coming to share some information on whats been going on in Star Valley. Come with questions/ concerns to discuss with Captain Andrews and his colleagues.

CLOSED

December 25th & 26th

Jan 1st

Have a Merry Christmas and happy new year!!

"Ugly" Christmas Outfit Contest

Dec 23

Come get some lunch and show off your very Festive Christmas Outfit!! Free lunch meal to our top 3 winners!!

115 Petersen Parkway
PO Box 1033
Thayne, WY 83127
(307) 883-2678
E-mail:
thaynesr@silverstar.com
Web site:
www.thaynesenior.com

DOLLAR-A-MONTH CLUB

The Dollar-A-Month Club is a means of aiding the funding for publication of this newsletter. It is based on a voluntary contribution of one dollar per person per month .

Mary Ann Ahrens
Richard & Diane Auser
Jim & Marsha Bagshaw
Dorothy Beagle
Bob Bingham
Gregg & Dawn Camic
Gary & Sandy Daggett
Dave & Judy
Rhea Golsarry
Dan & Gleam Green
Janyce Hemmert
Alberta Marushack
Lucy McCann
Linda McNeel
James Odle
Richard & Dianna Prati
Bob & Joyce Saunders
Emil (Dick) Schofield
Nora Jean Simmons
Roger & Leora Smith
Fred & Donna Summerfelt
Senter & Phyllis Timmons
Donna Viljak
Donna Zumbrun

December 17th @11:45

Come listen to Don and Mark play some live music before lunch!!

We would like to remind everyone that our transportation services are still available. If you are in need of a ride please let us know 24 hours in advance.
Our service hours are from 8:00 AM to 2:00 PM.
We can give you a ride anywhere in our service area.
Suggested donation for transportation is $2.00 each direction for seniors.

Gone but not Forgotten

Jim Cress

Doneta Shinkle- Weber

December 2025

Christmas Would You Rather

Meet Frosty the Snowman	or	Meet Rudolph the Reindeer
Wear a Christmas sweater	or	Wear Christmas pajamas
Drink Hot Chocolate	or	Drink eggnog
Build a snowman	or	Build an igloo
Watch The Grinch	or	Watch Home Alone
Have a snowball fight	or	Make snow angels
Get one big present	or	Get ten small presents
Angel tree topper	or	Star tree topper
Go iceskating	or	Go sledding
Sing Christmas carols	or	Watch a Christmas movie
Decorate cookies	or	Decorate a gingerbread house

BURNTPANCAKES.COM

Be on the lookout for test kits! DNA, genetic, neurological, and even cancer test kits are being sent to Medicare beneficiaries who have not asked for them.

If you get a test kit delivered to you, report it to the SMP at

1 800 856-4398

This could be scam.

Wyoming Senior Citizens Inc.
A Private Nonprofit Agency

SMP
Senior Medicare Patrol
Preventing Medicare Fraud

WHEN IT COMES TO MEDICARE, YOU HAVE CHOICES.

- Medicare Supplements
- Stand Alone Prescription Drug Plans
- NEW to 2025: Low Premium Medicare Advantage Plan

A Medicare Advantage plan includes Parts A, B & D

Email, text or call your *local* Medicare Advisors (no cost).

Caress
INSURANCE AGENCY, LLC

Ron Romney	Tom Caress	Wayne Hall
307.248.2030	307.226.0594	307.772.1286
coralcanyon2007@hotmail.com	CaressInsurance.Tom@gmail.com	hallwayne6@gmail.com

December Menu

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER--PLEASE NOTE THAT THIS MENU IS SUBJECT TO CHANGE WITHOUT NOTICE.

1 **Hamburger Steak** Whipped Potatoes Tossed Salad Steamed Cabbage Homemade Bread WW Pineapple & Strawberries	2 **Parmesan Chicken** Spaghetti Tossed Salad Mixed Vegetables Wheat Roll Applesauce	3 **Porcupine Meatballs** Au Gratin Potatoes Mixed Relish Tray Green Beans Wheat Roll Applesauce	4 **Cheesy Vegetable Soup** Relish Tray Tossed Green Salad Wheat Roll Bananas & Mandarin Oranges Orange Juice	5 **Chicken Fried Steak** Mashed Potatoes Cauliflower & Broccoli Wheat Crackers Honeydew Lime Salad
8 **Philly Cheesesteak Sandwhich** Oven Roasted Potatoes Veg Salad w/ Garbanzo Beam Mixed Veg Sugar Cookie	9 **Loaded Baked Potato** Chilli Con Carne Garden Veg Salad Steamed Broccoli Wheat Roll Grapes & Bananas	10 **Stuffed Chicken** Mashed Potatoes Spring Salad California Blend Veg WW Roll Citrus Fruit Salad	11 **BBQ Spare Ribs** Baked Potato Garden Veg Salad California Blend Wheat Roll Apricots Gelatin w/ Strawberries	12 **Chicken Pot Pie** Mixed Greens Salad Green Beans Fruit Pizza
15 **Tamale Pie** Tomato & Lettuce Salad California Blend Veg Wheat Bread Tropical Fruit	16 **Chicken Noodle Soup** Mixed Relish Tray Strawberry Spinach Salad Cinnamon Roll Strawberries & Bananas Cottage Cheese	17 **Pizza W/ Meat & Veggies** Three Bean Salad WW Crackers Cinnamon Apples Creamy Rice Pudding	18 **Dijon Chicken** Steamed Brown Rice Tossed Salad Broccoli WW Bread Bananas & Pineapple	19 **Pot Roast w/ Gravy** Carrots & New Potatoes Seasoned Green Beans Wheat Roll
22 **Pork Chop Supreme** Scalloped Potatoes German Blend Veg WW Bread Ambrosia Fruit Cup Oatmeal Spice cake Oranage Juice	23 **Beef Stroganoff** Pasta Lettuce Salad Herbed Broccoli Cindy's Rolls Fluffy Fruit Cup	24 **BREAKFAST** **Scrambled Egg/Ham Slice** French Toast Grilled Onions & Peppers Strawberry & Bananas w/ Granola Orange Juice V8 Juice	25 MERRY Closed	26 Christmas!! Closed
29 **Sweet & Sour Meatballs** Creamy Coleslaw Oriental Veg Homemade Bread WW Sliced Bananas	30 **Baked Fish** Rice Pilaf Waldorf Salad Oriental Veg WW Bread Strawberries & Bananas	31 **BBQ Beef Sandwhich** Potato Salad Coleslaw w/ Pineapple Pear Snickerdoodle		Suggested Contribution Seniors $5.00 Non-Seniors Pay $9.00

DINING ROOM MEALS ARE AVAILABLE FROM 12:00 - 1:00 PM MONDAY - FRIDAY
PHONE NUMBER 307-883-2678

December 2025

December Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 ***Zumba 9:30AM*** Bridge @12:45	2 Hand & Foot @9:30 am Tai Chi @10AM	3 Quilting @9am bRIDGE @12:45 Bingo @12:30	4 Hand & Foot @9:30AM **Cribbage @ 12:30**	5 Tai Chi @10AM LRC @12:30	6
7	8 ***Zumba 9:30AM*** Foot Clinic Board Meeting @10AM Bridge @12:45	9 Hand & Foot @9:30 am Tai Chi @10AM	10 Quilting @9am Bridge @12:45 Bingo @12:30	11 Hand & Foot @9:30 AM Cribbage @12:30PM Sheriffs Office @12:30	12 Tai Chi @10AM LRC @12:30	13 
14 	15 ***Zumba 9:30AM*** Bridge @12:45	16 Hand & Foot @9:30AM Tai Chi @10AM	17 Quilting @9am Live music @11:45 Bridge @12:45 Bingo @12:30	18 Hand & Foot @9:30 Cribbage @12:30PM White Elephant gift exchange @12:30	19 Tai Chi @10AM LRC @12:30	20
21	22 ***Zumba 9:30am*** Bridge @12:45	23 Hand & Foot @9:30AM Tai Chi @10AM Ugly Outfit contest @12:30	24 BREAKFAST ONLY	25 CLOSED	26 CLOSED	27 
28 	29 ***Zumba 9:30am*** Bridge @12:45	30 Hand & Foot 9:30 am Tai Chi @10:00 AM	31 QUILTING @9AM BRIDGE @12:45 Bingo @12:30	**WE WILL BE CLOSED Jan 1!!**	COME SEE US NEXT YEAR ON JAN 2!! :)	

This calendar is subject to change without prior notice.

December 2025

Oh no,
I gave out my Medicare number. What do I do now?

1. Know that it's not your fault. Scammers are tricky! They put on pressure, lie, and earn your trust. Don't feel guilty.

2. Call your local Senior Medicare Patrol (SMP) and tell them what happened. They will help you with the steps to take to report your Medicare number stolen.

Call: 877.808.2468

FOOT CLINIC w/ Dr. Smith

Monday December 8th, 2025

Spots Available:
9:30, 9:40, 9:50, 10:40, 10:50

We still have these spots available. call us to make your appointment!!

40 Christmas Activities Your Family Will *Actually* Enjoy!

Family Together Time

- Cut or choose Christmas tree
- Have an ugly sweater competition
- Make a holiday greeting video and send it to friends and family
- Go on a Christmas themed scavenger hunt
- Have a Christmas movie marathon
- Make a Christmas song playlist and have a family dance party
- Take family photos with Santa
- Have a silly, Christmas- themed family photo shoot
- Take a ride to look at Christmas lights in the neighborhood
- Attend your community's tree lighting event
- Go to a Christmas show
- Go on a sleigh ride
- Read stories together by the Christmas tree
- Plan a red and green day
- Game night with hot cocoa and candy canes

Christmas Cheer in the Kitchen

- Have a hot cocoa bar
- Have a cookie decorating party
- Make Christmas cookies
- Make reindeer treats
- Decorate a Gingerbread house

Christmas Acts of Kindness

- Adopt a family for the holidays
- Donate new toy to charity
- Visit a nursing home and sing Christmas carols
- Volunteer at a soup kitchen
- Donate towels and blankets to an animal shelter
- Donate canned goods to a food pantry
- Leave a 'thank you' note for your mail carrier
- Send care packages or holiday cards to troops overseas

Christmas Crafts for Kids

- Make Christmas tree ornaments
- Decorate a wreath
- Make your own ugly sweater
- Design Christmas cards
- Make mason jar snow globes
- Design and decorate gift tags
- Make paper snowflakes
- Write a letter to Santa

Christmas Decorating Fun

- Decorate the Christmas tree
- Hang Christmas lights outdoors
- Deck the halls with Christmas decoration
- String popcorn garland and put on Christmas tree

Salted Penut Butter Christmas Trees Recipe

Ingredients:

Peanut Butter Bars:

1/2 cup light brown sugar, packed
1/2 cup Karo Light Corn Syrup
3/4 cup creamy peanut butter
1/2 cup crushed pretzels
1 cup quick oats
2 cups crispy rice cereal

Chocolate Topping:

3/4 cup semisweet chocolate chips
1/2 cup creamy peanut butter

Decoration:

1 cup powdered sugar
1 1/2 tbsp milk
1–2 drops green gel food coloring
Sprinkles of choice

Instructions:

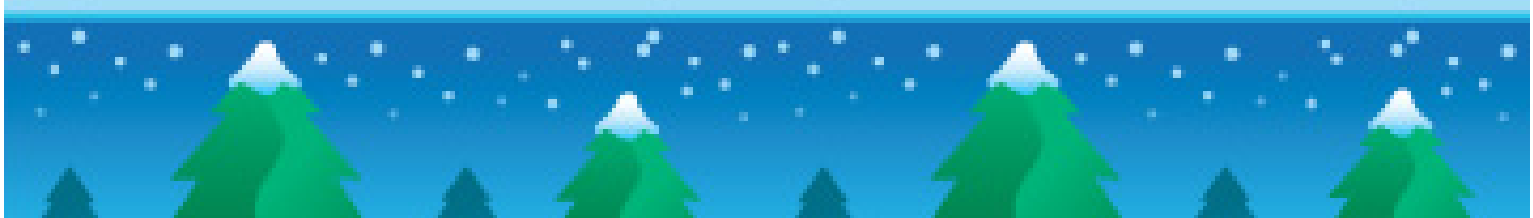
In a large bowl, combine the pretzels, oats, and cereal.
In a saucepan over medium heat, mix together the corn syrup and brown sugar. Continue to mix until the mixture starts to bubble. Allow it to bubble for about 30 seconds, then remove from heat and add the peanut butter.
Pour into the bowl of cereal and stir to coat.
Press into an 8□8 square baking dish that has been greased and lined with parchment paper. Allow the paper to hang over the edges for easy removal. Make sure to press it firm and into all of the corners.

Chocolate Topping:

Add the chocolate chips and peanut butter to a heat-safe bowl and microwave for 30 seconds. Stir and microwave for another 15-30 seconds until smooth.
Pour over the peanut butter layer and spread it even. Give the pan a gentle shake and tap to even out the topping.
Place into the refrigerator for 30 minutes to 1 hour to set. To speed this up, freeze for 20 to 30 minutes (just know they'll need a bit more elbow grease to slice when frozen).

Assemble:

Once set, remove the bars from the pan. You may have to run a knife along the two sides opposite of the parchment paper before lifting them out.
Make a cut right down the middle, and then slice each half into 5 triangles.
To make the icing, mix together the powdered sugar and milk. Once it resembles the texture and consistency of glue, add the green food coloring. If it's still too thick, add 1 tsp of milk at a time until you reach the right consistency.
Add to a piping bag fitted with a small round tip (or to a ziplock bag with a small corner snipped off). Pipe zig zag lines onto the trees and top with your choice of sprinkles. Enjoy!



REMEMBER THESE IMPORTANT DECEMBER DATES...

-December 8th- Foot clinic w/ Dr. Smith
-December 8th- Board Meeting @10am
-December 11th- Lincoln County Sheriffs Office @12:30pm
-December 17th- Don & Mark live music @11:45
-December 18th- White elephant Gift exchange@12:30
-December 23rd- Ugly Christmas Outfit Contest @12:30
-December 24th- Breakfast ONLY!!
-December 25th/26th- CLOSED
-January 1st- CLOSED

Christmas word search

Y	D	N	A	C	G	Z	G	M	G	B	B	E	H	L
L	O	M	C	B	W	A	A	O	R	R	L	O	W	J
C	H	R	I	S	T	M	A	S	E	V	D	B	W	E
X	S	J	N	N	L	W	J	I	E	G	I	F	T	S
H	O	T	A	A	O	L	N	S	T	R	L	C	O	U
Y	O	S	H	N	M	D	E	B	I	E	E	P	Y	S
Q	M	L	S	G	E	E	O	B	N	T	G	I	S	X
T	Z	O	L	E	I	A	N	G	G	N	N	E	F	O
K	O	Q	R	Y	U	L	L	T	S	I	A	J	T	E
N	A	M	W	O	N	S	E	A	S	W	T	R	E	E

word list

Reindeer
Christmas
Santa
Gifts
Holly
Jesus
Snowman
Ornaments
Snow
Elves
Tree
Candy
Bells
Bows
Toys
Lights
Greetings
Angel
Winter
Joy