



Thayne Senior Center

Enter as Strangers, Leave as Friends

March 2025



OUR FEBRUARY CRAFT:
VALENTINE GNOMES!

**Gone but not
Forgotten**
Bill Finerty
Loyce Roberts
Bill Weeks



shutterstock.com · 215629573

115 Petersen Parkway
PO Box 1033
Thayne, WY 83127
(307) 883-2678
E-mail:
thaynesr@silverstar.com
Web site:
www.thaynesenior.com

Board of Directors

President:
Gary Carvalho

Vice President:
Holly Armstrong

Secretary:
Delphine Rossi

Board Members:
Barbara Cassatt
Susan Hourany
Don Snider
Steve Newman

Director
Janan Lindroos

Kitchen Manager
Ellen Hurd

Kitchen Assistant
Cheryl Zahne

Activities Coordinator
Karen Bates

DOLLAR-A-MONTH CLUB

The Dollar-A-Month Club is a means of aiding the funding for publication of this newsletter. It is based on a voluntary contribution of one dollar per person per month .

Mary Ann Ahrens
Richard & Diane Auser
Jim & Marsha Bagshaw
Jean Barngrover
Dorothy Beagle
Gary & Sandy Daggett
Rhea Golsarry
Dan & Gleam Green

Pam Haderlie
Alberta Marushack
Lucy McCann
Linda McNeel
Ingrid Morton
James Odle
Richard & Dianna Prati
Bob & Sandy Rasmussen

Chris Robb
Bob & Joyce Saunders
Emil (Dick) Schofield
Nora Jean Simmons
Roger & Leora Smith
Fred & Donna Summerfelt
Donna Viljak
Donna Zumbrun

The Senior Center is happy to announce that:

We have a new OVEN!

**A special thanks to the WY
Community Foundation Competitive Grant that
we received & to the following**

Seniors that donated :

Richard & Diane Auser

Rene Benesh

Peggy Eppler

Marvin & Laurie Giese

Susan Hourany

Peggy Hudson

Linda McNeel

Dave & Billee Mildbrandt

Jan Moore

Richard & Dianna Prati

Patsy Robison

Don & Jymme Snider

Apologizes for any names we may have missed!



WHEN IT COMES TO MEDICARE, YOU HAVE CHOICES.

- Medicare Supplements
- Stand Alone Prescription Drug Plans
- NEW to 2025: Low Premium Medicare Advantage Plan
A Medicare Advantage plan includes Parts A, B & D

Email, text or call your *local* Medicare Advisors (no cost).



Ron Romney
307.248.2030

coralcanyon2007@hotmail.com

Tom Caress
307.226.0594

CaressInsurance.Tom@gmail.com

Wayne Hall
307.772.1286

hallwayne6@gmail.com

Don't forget these important March dates...

March 3: Leprechaun Wreath Craft@9:30\$18

March 5: Movie Night Fundraiser @ 6pm

March 10: Board Meeting @ 10am

March 12: Dinner Club @ Juan's, 5pm

March 14: Bowling @ 2pm - We will leave the center @ 1:30

March 27: Fall Prevention Powerpoint @ 12:30



shutterstock.com - 1886536459



Join us on
Monday March
3rd @ 9:30 am to
make this
Adorable
Leprechaun
Wreath!
Cost is \$18
We have 8 spots-
sign up now!!!



MY HEALTH CARE TRACKER

My Health Care Tracker
Protect yourself from fraud by tracking your health care

SMP
Senior Medicare Patrol
Preventing Medicare Fraud

PROTECT DETECT REPORT

PROVIDED BY THE SENIOR MEDICARE PATROL

Revised by a ©2019 used by SMP. Confidentiality required by federal law 42 CFR 100.10

My Health Care Trackers are fraud-fighting tools that are complimentary to beneficiaries through the SMP program. The trackers help beneficiaries prevent, detect, and report suspected Medicare fraud, errors, or abuse.

If you would like a tracker, contact your Senior Medicare Patrol at 800-856-4398. Call us or stop by the local office to pick one (or a couple) up.





MARCH MENU

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER—PLEASE NOTE THAT THIS MENU IS SUBJECT TO CHANGE WITHOUT NOTICE.

<p>3 Chicken & Herbed Fettucine</p> <p>Garden Veggie Salad CA Blend Veggies Homemade WW Roll Grapes & Bananas Peach Berry Crumble</p>	<p>4 Loaded Baked Potato</p> <p>Chili Con Carne Garden Veggie Salad Steamed Broccoli Wheat Roll Grapes & Bananas</p>	<p>5 BBQ Chicken</p> <p>Macaroni Salad Seasoned Green Beans WW Bread Mixed Fresh Fruit</p>	<p>6 Hot Roast Beef Sandwich</p> <p>Mashed Potatoes Carrot Coins Chilled Pineapple Cottage Cheese</p>	<p>7 Parmesan Chicken</p> <p>Spaghetti Tossed Salad Mixed Veggies Wheat Roll Applesauce</p>
<p>10 Chicken Fried Steak</p> <p>Garlic Potatoes Lettuce & Tomato Salad Roasted Italian Veggies Hot Roll Apricot Crisp</p>	<p>11 Dijon Chicken</p> <p>Steamed Brown Rice Tossed Salad Broccoli WW Bread Bananas & Pineapple</p>	<p>12 Sweet & Sour Meatballs</p> <p>Garden Rice Creamy Coleslaw Oriental Veggies Homemade WW Bread Sliced Bananas</p>	<p>13 Chicken Fajitas</p> <p>Spanish Rice Lettuce & Tomato Salad Salsa Wheat Crackers Pears</p>	<p>14 BBQ Spare Ribs</p> <p>Garden Veggie Salad CA Blend Veggies Wheat Roll Apricots Gelatin W/ Strawberries</p>
<p>17 Baked Italian Pasta</p> <p>Spring Salad Asparagus Wheat Roll Grapes & Bananas Tapioca Pudding</p>	<p>18 Stuffed Chicken</p> <p>Baked Potato Spring Salad CA Blend Veggies WW Roll Citrus Fruit Salad</p>	<p>19 Chili Con Carne</p> <p>Mixed Relish Tray Wheat Roll Strawberries & Bananas</p>	<p>20 Baked Chicken</p> <p>Potatoes Au Gratin Relish Tray Zucchini, Carrots & Basil WW Roll Melon Cup</p>	<p>21 Roast Pork</p> <p>Mashed Potatoes Lettuce, Tomatoe, Cucumber Salad CA Veggies WW Roll Peach & Orange De- light</p>
<p>24 Beef Stroganoff</p> <p>Pasta Lettuce Salad Herbed Broccoli Cindy's Rolls Fluffy Fruit Cup</p>	<p>25 Chicken Noodle Soup</p> <p>Mixed Relish Tray Strawberry Spinach Salad Cinnamon Roll Fruit w/ Cottage Cheese</p>	<p>26 BBQ Beef</p> <p>Au Gratin Potatoes Cornbread Apple & Banana Orange Juice</p>	<p>27 Chicken Pot Pie</p> <p>Mixed Green Salad Green Beans Fruit Pizza</p>	<p>28 Hamburger Steak & Onions</p> <p>Baked Potato Veggie Salad Wheat Roll Plum Whip</p>
<p>31 Philly Cheesesteak Sandwich</p> <p>Coleslaw Fruit Salad Oatmeal Raisin Cookie</p>				<p>Suggested Contribution Seniors \$5.00</p> <p>Non-Seniors Pay \$9.00</p>

DINING ROOM MEALS ARE AVAILABLE FROM 12:00 - 1:00 PM MONDAY - FRIDAY
PHONE NUMBER 307-883-2678

MARCH CALENDAR

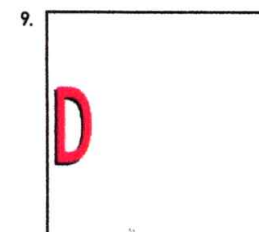
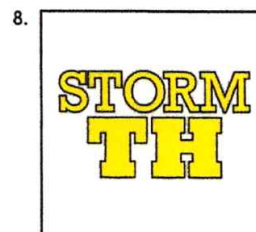
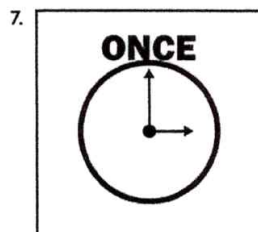
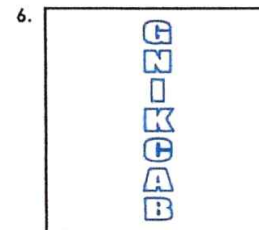
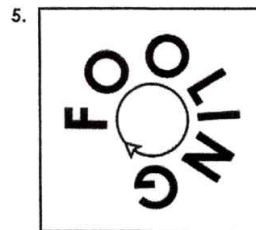
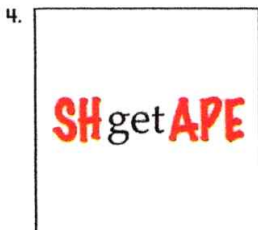
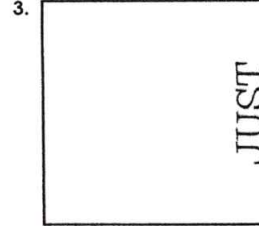
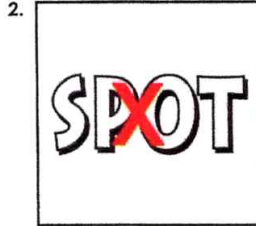
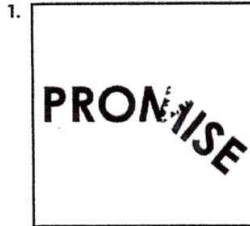


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 Zumba 10 AM March Craft @ 9:30am Bridge @ 12:45	4 HAND & FOOT 9:30 AM Tai Chi @ 10:00 AM	5 Quilting 9am Bridge@12:45 Bingo@12:30 Movie Night Fundraiser @ 6pm	6 HAND & FOOT 9:30 AM Tai Chi 10:00 AM Cribbage 12:30PM	7 Tai Chi 10AM LRC Tournament 12:30	8
9	10 Zumba 10 AM Board Meeting 10am Bridge @ 12:45	11 HAND & FOOT 9:30 AM Tai Chi @ 10:00 AM	12 Quilting 9am Bridge@12:45 Bingo@12:30 Dinner Club @ Juan's 5pm	13 HAND & FOOT 9:30 AM Tai Chi 10:00 AM Cribbage 12:30PM	14 Tai Chi 10AM LRC Tournament 12:30 Bowling @ 2pm	15
16	17 Zumba 10 AM Bridge @ 12:45	18 HAND & FOOT 9:30 AM Tai Chi @ 10:00 AM	19 Quilting 9am Bridge@12:45 Bingo @ 12:30	20 HAND & FOOT 9:30 Tai Chi 10:00 AM Cribbage 12:30PM	21 Tai Chi 10AM LRC Tournament 12:30	22
23	24 Zumba 10 am Bridge @ 12:45	25 HAND & FOOT 9:30 AM Tai Chi @ 10:00 AM	26 Quilting 9am Bridge @12:45 Bingo @ 12:30	27 HAND & FOOT 9:30 AM Tai Chi 10:00 AM Cribbage 12:30PM Fall Prevention Powerpoint Presentation @12:30	28 Tai Chi 10AM LRC Tournament 12:30	29
30	31 Zumba 10 am Bridge @ 12:45					

This calendar is subject to change without prior notice.

Name the phrase

REBUS PUZZLE



**Answers will be posted at
The Senior Center
Good Luck!**

ATTENTION!

**THE THAYNE SENIOR CENTER IS HOSTING
OUR VERY FIRST MOVIE NIGHT FUNDRAISER**

ON WEDNESDAY, MARCH 5TH @ 6PM!

**WE HAVE RECENTLY PURCHASED AN XL
SCREEN & SIMPLY MUST TRY IT OUT...**

**THE ENTRANCE FEE IS FREE, BUT DONATIONS
ARE ACCEPTED & APPRECIATED!**

**WE WILL HAVE CONCESSIONS AVAILABLE
FOR PURCHASE; WHICH WILL INCLUDE, BUT**

NOT BE LIMITED TO:

POPCORN

CANDY

SODA

SNACKS

**THE MOVIE IS TBD, WE WILL BE VOTING
BETWEEN: THE GOONIES, THE SANDLOT &**

MRS. DOUBTFIRE

COME JOIN US AND BRING THE FAMILY!





Grand Gang



Holly Armstrong
Richard & Diane Auser
Lonnie & Norris Blockhus
Tom & Diane Caress
Dan & Pat Carter
Gary Carvalho
Barbara Cassatt
Mary Anna Clay
Steve & Vera Cook
Todd Essenmacher &
Lisa Switzer
Robert & Dianne Duval
Patrick Eibs
Tiphany Gayhart
Jeff & Kitty Glidden
Dennis & Susan Hourany
Jerry Kittleson
Bill & Sandee Lang
Dr. Jack & Martha Lehman
Lower Valley Senior Citizens
Kennis Lutz
Alberta Marushack
Brian & Mary Miller
Roger & Alicemarie Miller
Jan Moore

Mountain View Pickleball Club
Narmi Family
New Hope Fellowship
Karen Pearce
Richard & Di Prati
Robert & Sandra Rasmussen
Burtis L. Roberts
Rotary Club of Star Valley
Carole Smith
Don & Jymme Snider
Tom & Deb Stuart
Fred & Donna Summerfelt
Jerry & Judy Sylvain
Marilyn Taylor
Senter & Phyllis Timmons
Top of The Rockies
Snowmobile Club
Michael & Donna Viljak
Dan & Tammy Weber
Robert & Susan Youmans



Uh, Thank
you,
Thank you
very much

REMEMBER THESE IMPORTANT MARCH DATES...

March 3...March Craft @ 9:30am
March 5...Movie Night
Fundraiser @ 6pm
March 10...Board Meeting @
10am

March 12...Dinner Club @ Juan's 5pm
March 14...Bowling @2pm (Leave
center @ 1:30)
March 27...Fall Prevention Powerpoint
Presentation @ 12:30

MARCH

