

Thayne Senior Center

Enter as Strangers, Leave as Friends

APRIL 2025



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(307) 883-2678

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Web site:
www.thaynesenior.com

Board of Directors

President:

Gary Carvalho

Vice President:

Holly Armstrong

Secretary:

Delphine Rossi

Board Members:

Susan Hourany
Don Snider
Steve Newman

Director

Janan Lindroos

Kitchen Manager

Ellen Hurd

Kitchen Assistant

Cheryl Zahne

Activities Coordinator

Karen Bates

DON SNIDER & MARK STRUHSACKER
DAZZLING US WITH OLD COWBOY TUNES
& MARVELOUS GUITAR ARTISTRY

Gone but not Forgotten



**Robert Rasmussen
Mary Mavy**



Denna Fluckiger

April 2025

DOLLAR-A-MONTH CLUB

The Dollar-A-Month Club is a means of aiding the funding for publication of this newsletter. It is based on a voluntary contribution of one dollar per person per month .

Mary Ann Ahrens

Richard & Diane Auser

Jim & Marsha Bagshaw

Jean Barngrover

Dorothy Beagle

Greg & Dawn Camic

Gary & Sandy Daggett

Rhea Golsarry

Dan & Gleam Green

Pam Haderlie

Alberta Marushack

Lucy McCann

Linda McNeel

Ingrid Morton

James Odle

Richard & Dianna Prati

Bob & Sandy Rasmussen

Emil (Dick) Schofield

Nora Jean Simmons

Roger & Leora Smith

Fred & Donna Summerfelt

Senter & Phyllis Timmons

Donna Viljak

Donna Zumbrun

364 days of the year: Do NOT eat anything you find on the ground.

Easter: Go search in the dirt for candy that a strange giant bunny left for you kids!



WHEN IT COMES TO MEDICARE, YOU HAVE CHOICES.

- Medicare Supplements
- Stand Alone Prescription Drug Plans
- NEW to 2025: Low Premium Medicare Advantage Plan
A Medicare Advantage plan includes Parts A, B & D

Email, text or call your *local* Medicare Advisors (no cost).



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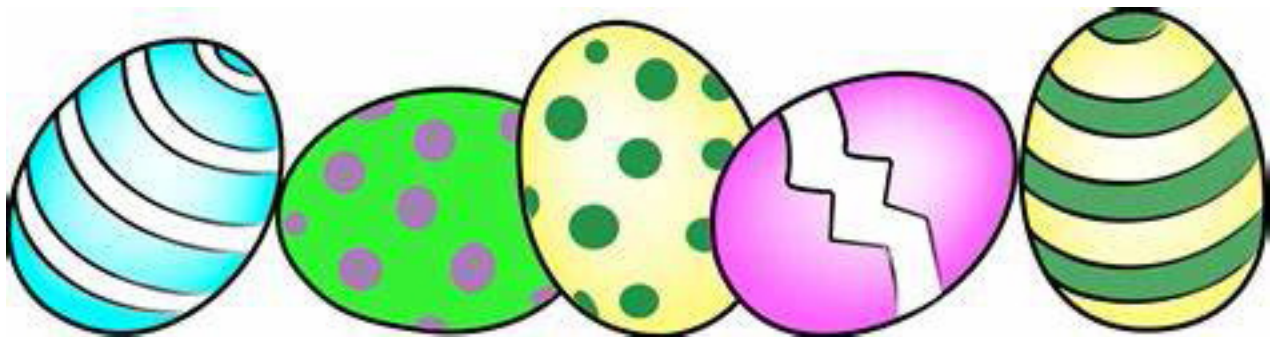
When your husband says, "no more pets."



April 2025

ATTENTION!
THE SENIOR CENTER IS PLANNING ANOTHER MOVIE NIGHT FUNDRAISER IN MAY! STAY TUNED TO THE NEWSLETTER TO GET THE 411
OUR SCREEN IS GIGANTIC & GIVES YOU THAT “MOVIE THEATRE” EXPERIENCE-
THERE WILL BE CONCESSIONS AVAILABLE TOO!
YOU DON'T WANT TO MISS THIS ONE BECAUSE...

“Sometimes the best Therapy is a Night at the Movies”



An advertisement for the My Health Care Tracker. The top half has a dark blue background with the text "MY HEALTH CARE TRACKER" in white. Below this is a smaller image of the tracker itself, which features a photo of an elderly couple, the text "My Health Care Tracker", and the SMP logo. The bottom half of the ad is dark blue with white text: "PROVIDED BY THE SENIOR MEDICARE PATROL".

My Health Care Trackers are fraud-fighting tools that are complimentary to beneficiaries through the SMP program. The trackers help beneficiaries prevent, detect, and report suspected Medicare fraud, errors, or abuse.

If you would like a tracker, contact your Senior Medicare Patrol at 800-856-4398. Call us or stop by the local office to pick one (or a couple) up.



APRIL MENU

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER—PLEASE NOTE THAT THIS MENU IS SUBJECT TO CHANGE WITHOUT NOTICE.



	<p>1 Baked Fish Roast Red Potatoes Cabbage Apple Salad Three Bean Salad Yellow Cake w/ Lemon Frosting Grapefruit</p>	<p>2 Taco Soup 1/2 Grilled Cheese Mix Relish Tray w/ Beets Peach & Orange Delight</p>	<p>3 Chicken Cordon Bleu Rice Pilaf Asparagus Wheat Roll Orange Lemon Bar</p>	<p>4 French Dip Sandwich Spinach Salad w/ Mushrooms Hoagie Bun Chilled Pears Ranger Cookies</p>
<p>7 Cottage Pie Veggie Salad Spinach Cindy's Rolls Cinnamon Pears</p>	<p>8 Monterey Chicken Steamed Rice Spinach Mushroom Salad Grilled Broccoli WW Roll Chilled Apricots</p>	<p>9 Meat Pizza w/ Veggies Three Bean Salad WW Crackers Cinnamon Apples Creamy Rice Pudding</p>	<p>10 Salisbury Steak Baked Potato Relish Tray Spinach WW Bread Pears</p>	<p>11 Chicken Noodle Soup Mix Relish Tray Strawberry Spinach Salad Cinnamon Roll Strawberries & Bananas Cottage Cheese</p>
<p>14 Dijon Chicken Steamed Brown Rice Tossed Salad Broccoli WW Bread Bananas & Pineapple</p>	<p>15 Meat Loaf Parsley Potatoes Lettuce Salad Carrot Coins Hot Roll Fruity Gelatin Salad</p>	<p>16 Chicken Enchiladas Black Beans Corn & Zucchini Mexicana Tossed Salad in Italian Dressing Cantaloupe & Grapes</p>	<p>17 Swedish Meatballs Pasta Jean's Salad Carrot Coins Wheat Roll Bananas & Mandarins</p>	<p>18 Scalloped Potatoes & Ham Carrot & Celery Tray Green Beans Wheat Roll Citrus Fruit Salad</p>
<p>21 Taco Salad W/ Lettuce, Tomatoes & Salsa Chuckwagon Veggies Cottage Cheese & Cantaloupe Citrus Fruit Cup</p>	<p>22 Parmesan Chicken Basil & Garlic Pasta Garden Veggie Salad Italian Veggies Cindy's WW Rolls Fast Fruit Salad</p>	<p>23 Tamale Pie Tomato & Lettuce Salad Wheat Bread Tropical Fruit</p>	<p>24 Roast Turkey & Gravy Mashed Potatoes Green Beans Almodine Wheat Roll Apple</p>	<p>25 Cheeseburger Lettuce & Tomato Potato Wedges Creamy Coleslaw Broccoli Salad, 1/2 Banana Cottage Cheese & Mandarina</p>
<p>28 Cheesy Beef Stuffed Shells Vegetable Soup Herbed Green Beans WW Bread Fruit Cup</p>	<p>29 Chicken Salad Sandwich Pasta Salad Mix Green Salad Wheat Crackers Strawberries & Bananas</p>	<p>30 Beef Tips w/ Gravy Egg Noodles Creamy Coleslaw Carrot Coins Chilled Apricots Strawberry Shortcake</p>		
				<p>Suggested Contribution Seniors \$5.00</p> <p>Non-Seniors Pay \$9.00</p>

DINING ROOM MEALS ARE AVAILABLE FROM 12:00 - 1:00 PM MONDAY - FRIDAY
PHONE NUMBER 307-883-2678

APRIL CALENDAR



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 HAND & FOOT 9:30 AM Tai Chi @ 10:00 AM	2 Quilting 9am Bridge@12:45 Bingo@12:30	3 HAND & FOOT 9:30 AM Cribbage 12:30PM	4 Tai Chi 10AM LRC @ 12:30	5
6	7 Zumba 10 AM Bridge @ 12:45	8 HAND & FOOT 9:30 AM Tai Chi @ 10:00 AM	9 Quilting 9am Bridge@12:45 Bingo@12:30 Estate Planning Presentation @ 12:30	10 HAND & FOOT 9:30 AM Cribbage 12:30PM	11 Tai Chi 10AM LRC @12:30 Bowling @ 2pm	12
13	14 Zumba 10 AM Board Meeting 10am Bridge @ 12:45	15 HAND & FOOT 9:30 AM Tai Chi 10 AM Easter Activity @ 12:30	16 Quilting 9am Bridge@12:45 Bingo @ 12:30 Dinner Club 225 BBQ @ 5pm	17 HAND & FOOT 9:30 Cribbage 12:30PM	18 Tai Chi 10AM LRC @ 12:30	19
20 HAPPY EASTER!	21 Zumba 10 am Bridge @ 12:45	22 HAND & FOOT 9:30 AM Tai Chi @ 10:00 AM	23 Quilting 9am Bridge @12:45 Bingo @ 12:30	24 HAND & FOOT 9:30 AM Advanced Memorial Planning Presentation @ 12:30	25 Tai Chi 10AM LRC @ 12:30	26
27	28 Zumba 10 am Bridge @ 12:45	29 HAND & FOOT 9:30 AM Tai Chi @ 10:00 AM	30 Quilting 9am Bridge@12:45 Bingo@12:30			

This calendar is subject to change without prior notice.



**Name the phrase: Answers will be posted at The Senior Center;
Good Luck!**

Rebus puzzles

Can you guess the words and expressions?

M1Y L111F1E

Get it
Get it
Get it
Get it

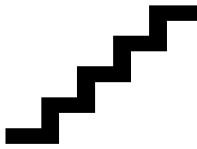
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$\frac{\text{TRAVEL}}{\text{CCCCCCC}}$

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April 2025

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SECRET ←
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SMP SCAM WATCH:

DOCTOR IMPERSONATION



Scammers are using technology to copy doctors' office phone numbers to call Medicare beneficiaries pretending to be from the office to ask for Medicare numbers.

Don't ever give out your Medicare number over the phone. If you have, report it to the SMP!

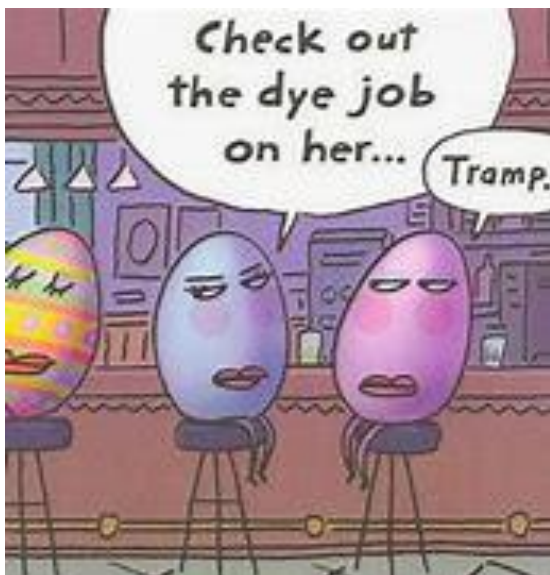


Senior Medicare Patrol
Preventing Medicare Fraud

877.808.2468

SMPRESOURCE.ORG

SUPPORTED BY A \$1,053,178 AWARD FROM ACL/HHS. CONTENTS DO NOT NECESSARILY REPRESENT THE OFFICIAL VIEWS OF THE U.S. GOVERNMENT.



April 2025



Grand Gang



Holly Armstrong
Richard & Diane Auser
Lonnie & Norris Blockhus
Tom & Diane Caress
Dan & Pat Carter
Gary Carvalho
Barbara Cassatt
Mary Anna Clay
Steve & Vera Cook
Todd Essenmacher &
Lisa Switzer
Robert & Dianne Duval
Patrick Eibs
Tiphany Gayhart
Jeff & Kitty Glidden
Dennis & Susan Hourany
Jerry Kittleson
Bill & Sandee Lang
Dr. Jack & Martha Lehman
Lower Valley Senior Citizens
Kennis Lutz
Alberta Marushack
Brian & Mary Miller
Roger & Alicemarie Miller
Jan Moore

Mountain View Pickleball Club
Narmi Family
New Hope Fellowship
Karen Pearce
Richard & Di Prati
Robert & Sandra Rasmussen
Burtis L. Roberts
Rotary Club of Star Valley
Carole Smith
Don & Jymme Snider
Tom & Deb Stuart
Fred & Donna Summerfelt
Jerry & Judy Sylvain
Marilyn Taylor
Senter & Phyllis Timmons
Top of The Rockies
Snowmobile Club
Michael & Donna Viljak
Dan & Tammy Weber
Robert & Susan Youmans



The Thayne Senior Center is still
seeking another individual to join our staff!
We are in search of a Bookkeeper for the 8-2
shift, M-F
Prior Experience Preferred; Resume Required
Please call or come by to inquire.
Feel free to refer family & friends!

REMEMBER THESE IMPORTANT APRIL DATES...


April 9...Estate Planning Presentation @ 12:30 w/ The Honorable Judge Larry Lawton
 April 11...Bowling at 2pm
 April 14...Board Meeting @ 10am
 April 15...Easter Activity w/ PRIZES!


April 16...Dinner Club @ 225 BBQ 5pm
 April 24...Sam Cottrell w/ Schwab Mortuary: "Advanced Memorial Planning & Why it Makes Sense" Presentation @12:30


Name: _____ Date: _____


SCRAMBLED EGGS FOR EASTER


The Easter Bunny decorated some of his eggs with words, but when he delivered them, they got a little scrambled. Can you unscramble the words and find the answer to his favorite riddle?


1 
NETOBN


4 
YDNAC



2 
DYAUSN

5 
ULPIT

3 
RFOLWE

6 
TSABEK

1. _ _ _ 1 2 _ _ _

2. _ _ 3 4 _ _ 5

3. 6 _ _ _ _ _

4. _ _ _ 7 _ 8

5. _ _ 9 _ _ _

6. 10 11 _ _ _ _

What do you call a rabbit who tells good jokes?

11 6 3 2 7 8 10 9 1 4 5

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