

# Thayne Senior Center

Enter as Strangers, Leave as Friends

December 2020



## Senior Spotlight

Jan Moore was born in Miller, South Dakota. She went to school in Edgeley, North Dakota, Rogue River, Oregon and Grants Pass, Oregon. She graduated from Portland State College with a teaching degree.

Jan met her husband at a fireman's convention in Longview, Washington and within 11 months they were married in Portland, Oregon. They enjoyed their honeymoon along the Oregon coast. They moved to Mount Vernon, Washington where she began her teaching career. They have 5 children and 13 grandchildren. After moving to Jackson, Wyoming they traveled the state following two of their boys in their sports endeavors. Years later she started following sports teams across Wyoming with her grandchildren. She enjoyed watching a state track runner and football team championships. The greatest memory was the state basketball championship where her son was the coach. She has now been widowed for 16 years.

Jan has traveled to Egypt, Israel and Europe.

Jan is a member of a quilting group which started 23 years ago and is still functioning. She says quilting is her therapy.

Star Valley is her full time home and at 81 she can still run her snow blower. She does have family that does help her out from time to time.

Jan is thankful for the food and the fellowship from the senior center.



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# DOLLAR-A-MONTH CLUB

The Dollar-A-Month Club is a means of aiding the funding for publication of this newsletter. It is based on a voluntary contribution of one dollar per person per month .

Mary Ann Ahrens  
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 Donna Zumbrun



We are looking for volunteers to go Christmas caroling. We will have a practice on December 14th at 11:00 AM. Then caroling will be on December 18th at 1:30 PM. Please let us know if you are interested in helping us out.



•••••  
 • Just a reminder that Yankee  
 • Doodle is serving meals •  
 • every Tuesday at 12:00 PM. •  
 •••••

WE ARE HAPPY TO ANNOUNCE THAT WE NOW HAVE IPADS AND CHROMEBOOKS AT THE CENTER THAT YOU CAN USE AND/OR BORROW. THERE WILL BE A \$25 DEPOSIT TO TAKE ONE HOME FOR 2 WEEKS. PLEASE LET US KNOW IF YOU ARE INTERESTED IN USING ONE.



*Gone but not forgotten.....*



AJ MALONE  
 GLORIA KNIGHT



# December Menu



*This Institution is an Equal Opportunity Provider--- Please note that this menu is subject to change without notice.*

<p><b>Suggested Contribution</b> <b>Seniors</b> <b>\$4.50</b> <b>Non-Seniors</b> <b>Pay \$8.00</b></p>	<p>1 <b>Lasagna</b> Tossed Green Salad Italian Vegetables French Bread Melon Cup</p>	<p>2 <b>Stuffed Chicken</b> Baked Potato Spring Salad Asparagus WW Roll Citrus Fruit Salad</p>	<p>3 <b>Swiss Steak</b> Angel Hair Pasta French Onion Soup California Blend French Bread Slice Bananas</p>	<p>4 <b>Ham &amp; Macaroni Bake</b> Mediterranean Salad Grilled Broccoli Cindy's Rolls Fruit &amp; Marshmallow Cup</p>
<p>7 <b>Chicken Fried Steak</b> Mashed Potatoes Cucumber &amp; Tomato Salad Garden Blend Vegetables Cherry Crisp Orange Juice</p>	<p>8 <b>Broccoli Chicken Bake</b> Rice Carrot Apple Salad WW Roll Orange</p>	<p>9 <b>French Dip</b> Broccoli Craisin Salad Pears Ranger Cookie</p>	<p>10 <b>Chicken &amp; Herbed Fettuccine</b> Greek Salad Dilly Cauliflower Hot Roll Berry Pie</p>	<p>11 <b>Chili con Carne</b> Garden Salad Mozzarella Cheese Stick Orange Roll California Fruit</p>
<p>14 <b>Meat Loaf</b> Baked Potato Lettuce Salad Carrot Coins Hot Roll Fruity Gelatin Salad</p>	<p>15 <b>Turkey Pot Pie</b> Spring Salad Hot Roll Chilled Fruit Cocktail</p>	<p>16 <b>Swedish Meatballs</b> Mashed Potatoes Marinated Carrots Roasted Brussels Sprouts Hot Roll Peaches served over Cake</p>	<p>17 <b>Chicken Enchiladas</b> Refried Beans Tortilla Soup Garden Vegetable Salad Sliced Melon</p>	<p>18 <b>Roast Pork</b> Lynne's Oven Roasted Potatoes Tossed Salad Steamed Cabbage Pumpkin Bread Fruit &amp; Marshmallow Cup</p>
<p>21 <b>Chicken Noodle Soup</b> Fruited Carrot Salad Cinnamon Roll Orange</p>	<p>22 <b>BBQ Spare Ribs</b> Baked Potato KFC Coleslaw Herbed Broccoli French Bread Chilled Plums</p>	<p>23 <b>Baked Fish</b> Roasted Red Potatoes Cabbage Apple Salad Three Bean Salad Yellow Cake with Lemon Frosting Grapefruit</p>	<p>24 </p>	
<p>28 <b>Parmesan Chicken</b> Garlic Mashed Potatoes Mixed Relish Tray Seasoned Zucchini WW Bread Fresh Fruit</p>	<p>29 <b>Taco Salad</b> Corn Chips Peas &amp; Carrots Whole Wheat Breadstick Melon Cup Rocky Road Pudding</p>	<p>30 <b>Smothered Chicken</b> Garden Rice Jean's Salad California Blend Vegetable WW Roll Chilled Apricots</p>	<p>31 <b>Roast Beef</b> Mashed Potatoes German Cole Slaw Savory Carrots WW Bread Pineapple Betty</p>	

**CURBSIDE MEALS ARE AVAILABLE FOR PICKUP 11:00 - 12:00 AM MONDAY- FRIDAY  
DINING ROOM MEALS ARE AVAILABLE FROM 12:00 - 12:45 PM TUESDAY - THURSDAY**



# Puzzle Page

Christmas fun

Match the words to the correct pictures to complete the crossword. Then find a secret message.

bells

Candle

Candy Cane

Card

Chimney

Christmas tree

elf

gingerbread

holly

letter

lights

ornaments

presents

reindeer

Santa Claus

sleigh

snowman

stocking

wreath

The secret message is \_\_\_\_\_

iSLCollective.com

## What Can You Do to Stop DME Fraud?

- Be sure your doctor has assessed your condition and orders the durable medical equipment (DME) or supplies.
- Never sign a blank form from your health care provider or equipment supplier.
- Always read your Medicare Summary Notice (MSN) or Explanation of Benefits (EOB). Look for charges for equipment you do not need or did not receive.
- Refuse and report any equipment or supplies offered for "free."

#SMP RESOURCE.ORG  
SUPPORTED BY GRANT # H46200011 FROM HHS



For assistance, call the  
Wyoming Senior  
Medicare Patrol at  
1 800 856-4398



*We will be closed December 24th and 25th for Christmas.  
We will also be closed January 1st for New Years.*

## GIVING TREE

- WE ARE GETTING TOGETHER WITH A FEW OF OUR AFFILIATES TO DO A GIVING TREE. THIS "GIVING TREE" WILL BE FOR OUR FELLOW SENIORS IN NEED. THE TREE WILL BE SET UP AT THE THAYNE SENIOR CENTER. THE "GIFTS" WILL BE DUE ON DEC. 16TH. THERE WILL BE A SIGN UP SHEET THAT WILL BE KEPT CONFIDENTIAL TO THE RECIPIENTS BUT WE'LL NEED TO KNOW WHICH "GIFT" WAS PICKED AND BY WHOM. DONATIONS ARE ALWAYS WELCOME.

## ORDER UP



"Order up" senior music request show  
Thursday, Dec. 31st  
11am to 1 pm



on local radio station- 98.7

"Order" a meal from the senior center and listen to your favorite songs on the radio

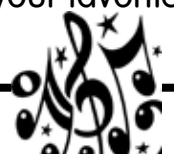
"Order" your song by texting your song request to: 307-203-4637

use code word: favorite

Or you can give your request to Janan by December 30th.

Make sure to put your name on your song request or you can dedicate it to someone special.

Lets fill the entire two hours with your favorite music.



# SENIOR SHOW & LEARN

Sponsored by AARP

**Wednesday December 9, 2020 please bring an item you made with an interesting story or something to teach about. If you bring something to share your lunch will be free. This will be held in the dining room at 12:00 PM.**



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## **Thayne Senior Center**

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